

## Insect Repellent Advice

The Massachusetts Department of Public Health and the United States Centers for Disease Control recommend using only repellents that have *an EPA registration number*.

### Why use an EPA registered repellent?

Before they can be marketed, most insect repellents must be registered by EPA. *An EPA registration means the repellent's active ingredients have been reviewed and approved for human safety and effectiveness when applied according to instructions on the label.* Products registered by EPA will display an EPA Registration Number on the product label (for example, 123456-1).



1. Read the label and look for an EPA registration number.
2. Follow the label instructions for application.
3. Read the label to see if the product is registered for mosquitos and/or ticks.

The following are examples of EPA registered repellents:

- DEET
- Picaridin (KBR3023),
  - IR3535,
- Oil of Lemon Eucalyptus
- PMD ( p-Menthane-3,8 diol)

([www.plymouthmosquito.org](http://www.plymouthmosquito.org), 781-585-5450)